



### Alcoholics Anonymous

Amy V. Δ (425) 442-2198  
 Bonnie J.† (520) 250-1356  
 Brian C.\* (413) 822-4725  
 Carrie K. (520) 909-1180  
 Chuck M. (617) 921-3283  
 Debra M.† (520) 331-5630  
 Jack L. (617) 549-0820  
 Jay F. † (520) 820-3100  
 Jim D.\* (860) 489-3265  
 Karen L. †Δ (520) 667-4885  
 Kevin W. (917) 886-2761  
 Lisa C. (631) 905-6825  
 Lynn M. (617) 823-3982  
 Mallory R †Δ (989) 948-3658  
 Marcia C. (617) 990-7325  
 Mary S. (303) 590-4354  
 Michelle B. (781) 975-1375  
 Mike K. † (520) 349-5047  
 Mike M. Δ (520) 834-6779  
 Scott H (CA) (650) 242-6578  
 Shawn H. Δ (802) 417-7664  
 Tim C. †Δ (520) 665-9330  
 Walt W. † (520) 780-4984  
 Warren W. (520) 551-0211

### Al-Anon

Chuck M. (617) 921-3283  
 Harley P. (520) 271-1636  
 Jim D.\* (860) 489-3265  
 Karen L. † Δ (520) 667-4885  
 Katrina M. (617) 721-1549  
 Lorri P. † (520) 977-0305  
 Michelle B. (781) 975-1375  
 Tim C. †Δ (520) 665-9330



### Codependents Anonymous

Charlie W. (520) 744-3400  
 Eric L. (520) 977-0544  
 Jim D.\* (860) 489-3265  
 Katrina M. (617) 721-1549  
 Rob F. Δ (781) 771-9447

### Food Recovery

Tim C †Δ (520) 665-9330  
 Karen L. †Δ (520) 667-4885  
 Katrina M. (617) 721-1549  
 Sharon S. † (917) 671-7047  
 Ellen K. (516) 458-7705  
 Janice P. (203) 837-0601  
 Ed C. (512) 444-7685

### Narcotics Anonymous

Chris K (520) 780-4034  
 Chuck M. (617) 921-3283  
 Debra M.† (520) 331-5630  
 Jack L. (617) 549-0820  
 Lorri P. † 520) 977-0305

**Open 12-Step Zoom Meetings**  
**Mesquite Room Every Day 5 PM Tucson Time**  
**Lenox Room Tues/Thus 5PM Eastern Time**  
**EDA**  
**Weds. 6:15 PM Tucson Time**  
*For all of our meetings:*  
**Meeting ID: 813 1518 6491**  
**Password: Serenity20**



**KEY:** \* Lenox Local  
 † Tucson Local  
 Δ Committe Member

***When first contacting anyone on this list, please send a text message identifying yourself so they will recognize your number and not mistake it for a spam/robocall.***